

Dare To Body Bare

Contest by



OPTIMALGYM
YOUR WELLNESS IS OUR FOCUS

Join our Family for
a 10 week Weight
Loss Program!



Safe Individualized Programs! To join



Starts: March 15th

See the Front Desk!



1st Prize: receive a \$5,000.00 "Plastic Surgery Makeover Package" compliments of *Dr. Robert J. Skalicky and Bucks County Plastic Surgery Center* which includes a body/facial evaluation, skin treatment session, AND a cosmetic procedure of choice (certain restrictions apply). Additionally a \$250 gift card from *Mathew Izzo*, Choice of one laser hair removal treatment bikini & underarm or back & shoulders by *Metro Laser*, a complete hair and make-up make-over by *salon @ 5th* And 3 month membership to either Optimal Sport Health Club (Curtis Center 601 Walnut Street LL30 Philadelphia) or The Optimal Gym (325 Bainbridge Street Philadelphia)

2nd Prize: 2 Month Membership & 2 Free Personal Training Sessions

3rd Prize: 1 Month Membership to either clubs

BUCKS COUNTY

Plastic Surgery

Note: Everyone that joins will receive 2 Free Body Polar Age Assessments a \$150.00 value

salon @ 5th

316 south 5th street
philadelphia pa
19106
215.873.8090

Metro Laser
Hair removed. Image improved.

matthew izzo

www.optimalsporthealthclubs.com

& www.Theoptimalgym.com

Optimal Sport : 215-238-5751

The Optimal Gym 215-627-4900

Dare To Body Bare Contest

Starts: March 15th

How do I get Started

1. Fill out an entry form and pay your entry fee to front Desk!
2. Schedule an appointment with Jeff or Geno to have your first Polar Body Age Assessment taken at the beginning of the contest!
3. Begin your 10 Week program with the guidance from your individualized Polar Body Age Assessment!
4. Schedule your final appointment for the Polar Body Age Assessment to see your results as well as confirm the Winners!

RULES of the Body To Bare Contest

1. Members & Non-Members may Join the Contest who are 18 and over!
2. You are allowed to use your own diet if you choose not to use the Polar Body Age Assessment one!
3. You may choose to use a Personal Trainer through the contest
4. Must complete Polar Body Age Evaluation

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Dare to Body Bare Entry Form



Date _____

Name _____

Phone Number _____

Email _____

Member \$50 _____ **Non-Member\$99** _____

\$99 includes use of the gym